



## What is Synodality?

Throughout this process, we hear the words: Synod, Synodality, and Synodal process. What do these words mean? Do they mean the same thing?

A helpful short definition of the Synod of Bishops is a gathering of bishops that

1. Fosters closer unity between the bishops and Pope
2. Provides counsel to the Pope on matters of faith and morals, and discipline of the Church
3. Studies questions concerning the Church in the world (c.f. *Code of Canon Law* c. 342).

Voting in the Synod of Bishops is limited to bishops present at the Synod gathering. However, clergy, men and women religious, theologians, catechists, canon lawyers, and lay experts all participate in the Synod gathering with bishops by providing their counsel.

Synodality and the Synodal process are not a gathering or meeting of bishops, nor are they the administrative arm of the Church. Rather, Synodality is the path and process of the Church as communion. It is the communion of all the baptized who are listening to each other, dialoguing with each other, and praying together to hear the voice of the Holy Spirit as we all seek holiness and proclaim the Gospel. Synodality involves clergy, religious and laity listening and speaking, praying and discerning together, and placing the hopes and concerns of the People of God at the foot of the bishops, who, united with the Pope, decide matters of faith and morals in order to preserve the faith and strengthen the Church throughout the world.

“Synodality, in this perspective, is much more than the celebration of ecclesial meetings and Bishops’ assemblies, or a matter of simple internal administration within the Church; it is ‘the specific *modus vivendi et operandi* [way of living and being] of the Church, the People of God, which reveals and gives substance to her being as communion when all her members journey together, gather in assembly and take an active part in her evangelizing mission’.” (*Preparatory Document* no. 10) “In fact, this People, gathered together by its Pastors, adheres to the sacred deposit of the Word of God entrusted to the Church, perseveres constantly in the teaching of the Apostles, in fraternal communion, in the breaking of bread, and in prayer, ‘so that holding to, practicing, and professing the heritage of the faith, it becomes on the part of the Bishops and Faithful a single common effort’” (*Preparatory Document* no. 13). Synodality and the Synodal process are not about engaging others for the purpose of deciding matters through a parliamentary vote. Nor is the primary purpose of Synodality to introduce democratic methods into the Church, where the majority determines how the Church will act. Synodality is also not about promulgating strategic plans or managing pastoral parish ministries through objectives. Synodality is about the entire People of God journeying together to proclaim the Gospel of Jesus Christ and to become holy.

“The Pastors, established by God as ‘authentic guardians, interpreters and witnesses of the faith of the whole Church,’ should not be afraid to listen to the Flock entrusted to them. The consultation of the People of God does not imply the assumption within the Church of the dynamics of democracy based on the principle of majority, because there is, at the basis of participation in every Synodal process, a shared passion for the common mission of evangelization and not the representation of conflicting interests. In other words, this is an ecclesial process that can only take place ‘at the heart of a hierarchically structured community.’ Every Synodal process, in which the Bishops are called to discern what the Spirit is saying to the Church, not by themselves but by listening to the People of God, who ‘shares also in Christ’s prophetic office’ (LG, no. 12), is an evident form of that “journeying together” which makes the Church grow” (*Preparatory Document*, no. 14 see also c.f. *Lumen Gentium* no. 12; CCC nos. 91-93).

As we embark on this Synodal process as the local Church of Belleville, let us remember the words of Saint Paul to the Thessalonians, “Do not quench the Spirit. Do not despise prophetic utterances. Test everything; retain what is good” (1 Thess. 5:19-21).